

Requirements profile for National Squad trials 2027



DEUTSCHER
CRICKET BUND

	Skill	Measure
Fielding	Dive & Roll	Diving/Rolling Catches Left & Right
	Ability to Slide & Retrieve the Ball	Ability to chase and slide
	Short Throw	Throw 25 yards direct to Wicket Keeper
	Long Throw	Throw 50 Yards Direct to Wicket Keeper
	Catching Competence	Maintain strong catching position with flat/high catches
	Knowledge of Field Positions	Able to go to any position requested
Wicket Keeping	Basic Stance	Powerful & Repeatable Stance
	Catching	Demonstrate a consistent large catching area
	Footwork Standing Back	Ability to move in line with the ball
	Footwork Standing Up	Ability to execute off side take
		Ability to move powerfully down the leg side maintaining your line
	Batting	Fulfil the Batting Criteria
Batting	Boundary Options	Minimum of 3 Boundary Options
	Ability to rotate the strike vs Spin	Ability to Play off Front and Back Foot vs Spin
	Play Pace	Maintain shape whilst playing extreme pace
	Effective Running	Ability to effectively judge singles/push for two
	Tactical Awareness	Knowledge of their own Strengths
		Ability to formulate plans depending on bowler dependant on their own strengths
Bowling	Accuracy	Over 90% deliveries within your target area (RH)
		Over 90% deliveries within your target area (LH)
	Variations	Minimum of 1 Variation
	Spells	Ability to bowl repeated spells between 1 - 4 overs
	Tactical Knowledge	Recognise the strengths and weaknesses of the batter in front of you
		Ability to set their own fields, depending on stage of powerplays, left/right handed, aggressive/defensive
Fitness	Aerobic Capacity	Complete a 5KM Run in under 35 Minutes
	Anaerobic Endurance	300m Shuttle Test x 2 <71 with 10% Difference
	Power	Broad Jump 110% of Height
		No Hands Jump 75-85% of Jump
	Strength	25 Goblet Squats @ 25% of your Bodyweight
		8 Rear Foot Elevate Split Squats @ 50% Bodyweight